

community connections

Print me!

with Utah's Deaf and Hard of Hearing

News, classes and events • April 2017



Save the Date! Friday, September 8
For our 25 year anniversary celebration!



Division of Services for the Deaf and Hard of Hearing (DSDHH)

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WANTED

Individuals to serve as members
of the Division of Services to
the Deaf and Hard of Hearing
(DSDHH) Advisory Council.

REWARD

BY ORDER OF THE SHERIFF

EXPECTATIONS

- Contribute ideas and insight on issues and concerns involving the Deaf, Hard of Hearing and DeafBlind community
- Be willing to seek and receive input from community members and be a “voice” for the community
- Support the operations of DSDHH
- Attend monthly meeting on 3rd Wednesdays from 5:00 - 6:30 p.m.
- This is a great volunteer opportunity to “give back” to the Deaf, Hard of Hearing and DeafBlind community

REWARD

Gratification in knowing you are a part of the continued legacy of providing excellence in serving Utah’s Deaf, Hard of Hearing and DeafBlind individuals.

Interested? Send a short bio to
Jenefer Reudter at
jreudter@utah.gov.

News

Spotlight: Wellness Project for the Deaf and Hard of Hearing Community

Danny James, a graduate student at the University of Utah and a CODA (Child of a Deaf Adult) taught several classes in December and January on health and well-being to Deaf and Hard of Hearing senior citizens. This was a rare opportunity for the participants to gain a better understanding of their own health and have a personal wellness plan created. The classes were taught directly in American Sign Language. Topics included diabetes prevention; healthy meal planning; reading food labels and more! Thank you Danny!



*Danny James, CSCS, Graduate Teaching Assistant
Kinesiology Program & PEAK Health and Fitness
University of Utah*



Danny with the Wasatch Deaf Seniors Club

Salt Lake, Central and Northern Utah Classes and Events

Sanderson Center for the Deaf and Hard of Hearing
5709 South 1500 West, Taylorsville
801-657-5200 (VP)
801-263-4860 (voice)
usor.utah.gov/dhh

[Click here](#) to view all
event flyers

\$ = Cost

📅 = Registration Details

Community Events

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.

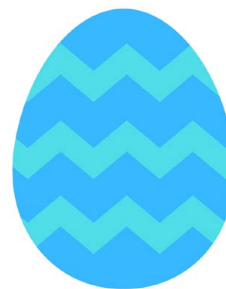
Surprise Spring Egg Hunt

Saturday, April 8, 2017
9:00 a.m. – 12:00 p.m.

Bring your family for the Surprise Egg Hunt that begins at 10:00 a.m. There will be many prizes and activities with refreshments provided. The egg hunt will be for children ages 1-12. For questions, contact Mary Beth Baierl at mbaierl@utah.gov. The event will be in ASL with voice interpreters.

\$ Free

📅 Please register by April 6 at usor.utah.gov/dhh/registration



Deaf Studies Talk: Ben Jarashow

Thursday, April 20, 2017
7:00 – 9:00 p.m.



To be disabled or not to be disabled, that's the question. The Deaf community has always had a complicated relationship with the label and idea of being disabled or having a disability. There are those who accept the label and there are those who refuse to, and this workshop will discuss why we have such polarizing views. To those who think so, why is such a label unacceptable? The main focus of this lecture will be on why the label of disability has had such a negative impact on the deaf community. This will be presented in American Sign Language. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

Note: UTRID is an approved RID CMP sponsor for Continuing Education Activities. This professional studies program is offered for 0.2 RID CEUs & 2.0 Utah CEHS.

\$ Free

📅 Only 100 spots open. Register by April 18 at usor.utah.gov/dhh/registration No children please.



American Sign Language (ASL) Social Time

Wednesdays, April 19 and May 17, 2017

6:30 p.m. – 8:00 p.m.

This social event is open to anyone who wishes to practice American Sign Language, learn more about Deaf culture and how to converse using ASL in everyday conversations, games, and ABC stories. For more information, contact Patricia Lowry at plowry@utah.gov. This social will be in ASL.

\$ Free

  No need to register



CODA Day Camp (ages 8-18)

Saturday, May 20, 2017

8:00 a.m. – 4:30 p.m.

CODA Day Camp is for children of deaf adults, ages 8 to 18. This camp is a safe and fun place for CODA children to share unique experiences, knowledge, build confidence, and develop skills to embrace two worlds: hearing and deaf, while creating lasting friendships. Come join the fun! Event will be conducted in a CODA-only environment. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

\$ Free (Lunch and snacks will be provided)

  Only 30 spots open. Please register by May 16 at usor.utah.gov/dhh/registration



Wizard Academy – Summer Day Camp (ages 6-12)



Monday, June 19- Friday, June 23, 2017

8:00 a.m. – 4:30 p.m.



The week's Wizarding Wonders will include field trips, wizard cup challenges, character building exercises, magical science experiments and mental training. This Summer Day Camp is for children ages 6 to 12 and will be presented in ASL. For more information, contact Mary Beth Baierl at mbaierl@utah.gov or Joene Nicolaisen at jfnicolaisen@utah.gov.

\$ \$25 (\$15 for each additional sibling) Lunch and snacks will be provided.

  Only 30 spots open. Priority is given to deaf, hard of hearing children, and their siblings.

CODAs are welcomed if space is available. Please register by June 2 at usor.utah.gov/dhh/registration

Community Education

All classes are held at the Sanderson Center unless otherwise noted. If additional accommodations are needed, please inform us during registration.



Gardening Basics

Saturday, April 15, 2017

9:00 a.m. – 12:00 p.m.

Come learn how to grow your own vegetables for healthy eating, all while having fun! This class will be taught in American Sign Language by Cathy Holt, an expert in gardening. This is a great training for new gardeners. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

\$ Free

  Only 15 spots open. Priority is given to deaf and hard of hearing adults, ages 18 and up.

Hearing adults will be welcomed if space is available. Please register by April 13 at usor.utah.gov/dhh/registration



Fly Fishing Class



Wednesday, April 19, 2017

7:00 p.m. – 9:00 p.m.



Whether you want to know more about fly fishing, or you're looking for another way to enjoy the rivers, come learn more about fly fishing! This class will provide basic information for the beginner or novice angler including rods, reels, line, flies, knots, casting, and fishing techniques. This class will be taught in American Sign Language by Bryan Eldredge, an expert in fly fishing. For more information, contact Mary Beth Baierl at mbaierl@utah.gov.

\$ Free

  Only 25 spots open. Priority is given to deaf and hard of hearing adults, ages 18 and up.

Hearing adults will be welcomed if space is available. Please register by April 17 at usor.utah.gov/dhh/registration






Leadership Training

Friday, April 28, 2017 (6:00 p.m. – 9:00 p.m.)

Saturday, April 29, 2017 (9:00 a.m. – 5:00 p.m.)

In working to improve our community, leadership is our most important resource. This 10-hour Leadership training will include the following topics: effectively leading change, resolving conflicts, team building, and motivating others. Linsay Darnall Jr, a Deaf leader, will share his extensive knowledge in leadership. Presented in American Sign Language. For more information, contact Mary Beth Baierl at mbaierl@utah.gov. Training is provided in partnership with Jean Massieu School for the Deaf, Sorenson Communications, Utah Association of the Deaf, and the Sanderson Center.

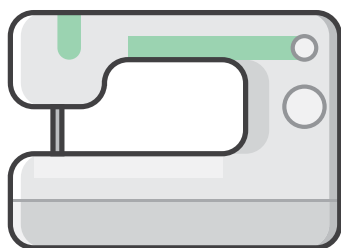
\$ Free (food will be provided)

 Only 40 spots open. Priority is given to deaf, deafblind, and hard of hearing individuals. Register by April 26 at usor.utah.gov/dhh/registration

Sewing Potpourri


Saturday, April 8, 2017

9:00 a.m. – 4:00 p.m.



In this class, we will teach how to make tote bags, or you can bring a project that is not completely finished. An instructor will be available to help finish your project. Bring your own sewing machine and supplies. We'll let you know what supplies to bring after you register. If you need a sewing machine, please request it during registration. This class will be taught in ASL.

\$ Free

 Only 15 spots open. Priority is given to deaf and hard of hearing individuals. Registration required at usor.utah.gov/dhh/registration

Free Legal Clinic

Wednesday, April 12, 2017

3:00 p.m. – 5:00 p.m.

This is a free legal clinic with private 30-minute appointments for individuals who are deaf and hard of hearing who have limited income. Topics could include employment discrimination, social security problems, food stamps issues, Medicaid/Medicare issues, landlord/tenant issues, discrimination, divorce, custody and other issues. Please arrive 15 minutes before your appointment to fill out forms. Interpreters will be provided.

Note: This clinic is for advice only. If you would like to hire an attorney, call 801-328-8891 or 800-662-4245. For more legal clinics statewide, visit Utah Legal Services website at utahlegalservices.org.

\$ Free

 Limited appointment available. Please register by April 10 by contacting Laurie Bishop at lauriebishop@utah.gov or call 801-657-5209(vp).



Circle of Friends

Circle of Friends is a recreational and social program developed for adults with multiple disabilities and some degree of hearing loss. Support activities are designed to create friendships, prevent isolation, and promote independence to enhance the quality of life.

Bowling Day (for Circle of Friends)

Saturday, April 15, 2017

9:30 a.m. – 2:30 p.m.

Come join us for a day of fun, bowling, socializing, and lunch. We will meet at 9:30 a.m. at the Sanderson Center and ride together to Bonwood Bowl in South Salt Lake City.

\$ Bring money for bowling games, shoe rental, and lunch

📧 Please register by April 12 with Rosa Maria Rathbun at rosavball@gmail.com or 801-590-4888(vp)



Seniors 55+

The 55+ Senior Program is designed to reduce isolation and promote independence to enhance the quality of life for deaf and hard of hearing individuals.

Family History Library Tour

Friday, April 28, 2017

10:00 a.m. – 3:30 p.m.

Ever wonder who your ancestors were? Curious what country your family came from? Want to research your family tree? Right here in Salt Lake City, we have the world's largest collection of genealogy! The Family History Library is open to everyone who wants to learn about their family history. We will have a free guided tour including a demonstration on how to use the library. The tour will be presented using voice by the Family History Library tour guide. American Sign Language interpreters will be provided.

Schedule:

9:00 a.m.	Meet at the Sanderson Center if you need a ride
9:30 a.m.	Depart the Sanderson Center
10:00 – 12:00 p.m.	Guided tour of the library
12:30 – 2:30 p.m.	TBA Lunch (bring money)
2:30 p.m.	Depart to arrive at the Sanderson Center by 3:00 p.m.

\$ Free (you are responsible for your own lunch)

📧 Please register by April 21. Registration is required at usor.utah.gov/dhh/registration



Injury Prevention for Seniors (Senior Citizens Only)



Wednesday April 12, 2017

2:00 p.m. – 3:00 p.m.

Carol Avery, a health educator from the Salt Lake County Health Department Injury Prevention Program, will present on what seniors can do to prevent injuries at home. The presentation will focus on ways people can make their homes safe. Carol will share tips and household items to help seniors feel more confident in their ability to remain safe at home. This presentation will be in spoken English with ASL interpreters and CART provided.

\$ Free (you are responsible for your own lunch)

  Register by April 11 at usor.utah.gov/dhh/registration. Let us know of additional accommodations one week in advance

Living with Hearing Loss Program

Speechreading (Taylorsville)

Wednesdays, April 19 – June 14

6:00 p.m. – 8:00 p.m.

Location: Sanderson Center, 5709 S. 1500 W., Taylorsville

Learn to read lips, body language, and facial expressions in this class. This class supplements what you hear, with or without hearing aids, and helps improve your understanding of the conversation.

\$ Free

  Register at usor.utah.gov/dhh/registration



Speechreading (Kaysville)


Wednesdays, April 19 – August 16

2:00 p.m. – 3:30 p.m.

Location: Autumn Glow Senior Center, 81 East Center Street, Kaysville

Learn to read lips, body language, and facial expressions in this free 18-week class. This class supplements what you hear, with or without hearing aids, and helps improve your understanding of the conversation.

\$ Free

 To register, contact Julie Parker at juliep@co.davis.ut.us or 801-444-2290

Living with Hearing Loss (Ogden)

Thursdays, April 27 – June 1

2:00 p.m. – 3:30 p.m.

Location: Union Gardens Apartments, 468 3rd Street, Ogden

Are you lost in conversation? Can you hear voices, but can't understand words? Join us for a six-week "Living with Hearing Loss" class about how to live better with your hearing loss. Spouses and friends are encouraged to attend. Topics covered include understanding your hearing loss, making changes in communication, reducing communication breakdowns, learn coping strategies and improve relationships, and assistive listening devices.

\$ Free

 To register, contact Diane Fenn at 435-854-3676

Speechreading (Tremonton)

Wednesdays, May 3 – June 28

10:30 a.m. – 12:00 p.m.

Location: Bear River Valley Senior Center, 510 West 1000 North, Tremonton

Learn to read lips, body language, and facial expressions in this class. This class supplements what you hear, with or without hearing aids, and helps improve your understanding of the conversation.

\$ Free

 To register, contact Marion Layne at mlayne@tremontoncny.com or 435-257-9456



Beginning Conceptually Accurate Signed English (CASE)

Tuesdays, April 4 – May 23, 2017

6:00 p.m. – 8:00 p.m.

Beginning CASE (Conceptually Accurate Signed English) will teach signing basic fingerspelling alphabets, numbers and 1,000 basic everyday conversational English word order sentences. This is a slow paced class and is tailored for people who have a hearing loss or late deafened. This is also an appropriate class for family members, coworkers and friends of those who are hard of hearing. Games and homework will be included. The book *1,000 Signs of Life* is required on first day of class. This class will be taught in spoken English and basic CASE.

\$ Free

📖 Required at usor.utah.gov/dhh/registration or call 801-657-5200

Coping Skills (Brigham City)

Wednesdays, May 3, 10, 17, 23, 31

12:45 p.m. – 2:00 p.m.

Location: Brigham City Senior Center, 24 North 300 West, Brigham City

Are you having a tough time with hearing loss? The hard of hearing Coping Skills class will give you new strategies to work with. Learn about the following topics:

- Lipreading & body language
- How acoustics and lighting affect your hearing
- Assistive technology available
- Hearing aid facts and myths
- Different communication aids such as sign language, cued speech, and captioning

\$ Free

📖 To register, contact the front desk at the Brigham City Senior Center or call 435-226-1458



April 2017 Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 ASL Class CASE Class	5 Senior Citizens	6 ASL Class	7 VITA	8 Sewing Potpourri Surprise Spring Egg Hunt
9	10	11 ASL Class CASE Class	12 Senior Citizens Injury Prevention for Seniors	13 ASL Class	14 VITA	15 Gardening Basics Bowling Day (Circle of Friends)
16 Happy Easter!	17	18 CASE Class Volunteer Appreciation Dinner	19 Senior Citizens Advisory Council ASL Social Speechreading Class Fly Fishing Class	20 Deaf Studies Talk with Ben Jarashow	21	22
23	24	25 CASE Class	26 Senior Citizens Speechreading Class	27	28 Seniors 55+ Trip to Family History Library Leadership Workshop	29 Leadership Workshop
30						

Southern Utah Classes and Events

Southern Utah Deaf and Hard of Hearing Program
1067 E. Tabernacle, Suite 10, St. George
435-216-9305 (VP)
435-652-2453 (voice)
SUDHHP@utah.gov
usor.utah.gov/dhh/sup
Register online at usor.utah.gov/dhh/registration

[Click here](#) to view all
event flyers

\$ = Cost

☞☞ = Registration Details

Community Events

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

Family Bowling Night

Friday, April 7, 2017

6:00 p.m. – 8:00 p.m.

Location: Fiesta Fun Family Fun Center, 171 E. 1160 S., St. George

Join us for a night bowling and fun with your family at the Fiesta Fun Family Fun Center. You will pay the \$3 fee at the event. For more information, contact Diego Acosta at dacosta@utah.gov.

\$ \$3 for bowling game with rental shoes included



ASL Craft Social

Saturday, April 8, 2017

10:00 a.m. – 1:00 p.m.

Southern Utah Deaf and Hard of Hearing Program needs help with assembling our community scrapbook. Bring your family and friends in the ASL community to help with this project. This social will be in ASL.

\$ Free

☞☞ To register call 435-216-9305



Community Education

All events are held at the Southern Utah Deaf and Hard of Hearing Program unless otherwise noted. If additional accommodations are needed, please inform us during registration.

Sewing Class

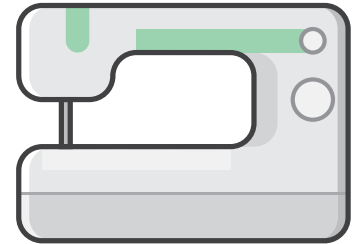
Wednesday, April 5, 2017

10:00 a.m. – 1:00 p.m.

Our sewing classes will be taught by our experienced instructor, Bonnie Christensen. This class is free to the ASL community and for anyone who has a desire to learn how to sew and communicate through ASL. Please bring ribbons of any color, a soap bar, a hand towel and a 2-inch clay pot. This class will be taught in ASL.

\$ Free

📧 To register, contact Bethany Moreland at bmoreland@utah.gov or 435-216-9305



American Sign Language (ASL) 1.1 – St. George

Tuesdays through April 4

5:30 p.m. – 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class covers basic vocabulary at a fairly slow pace and is open to ages 12 and up. The class uses the *Signing Naturally* course work and can be purchased through DawnSign Press. Students can purchase the books or just a subscription to the video links. This class will be taught in basic ASL and written English as necessary.

\$ Free

📧 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.

ASL Basic Vocabulary – St. George

Tuesdays through April 4

5:30 p.m. – 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class covers basic vocabulary at a fairly slow pace and is open to ages 12 and up. It uses handouts, pictures, and interaction to teach basic vocabulary used to prepare students for the ASL 1.1 class. This class will be taught in basic ASL and written English as necessary.

\$ Free

📧 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.



American Sign Language (ASL) 1.2 – St. George

Wednesdays through April 5

5:30 p.m. – 7:00 p.m.

Location: 1067 E. Tabernacle, Suite 10, St. George

This class demonstrates basic ASL grammatical rules such as facial expressions, body language, body shifting, listing, different categories of classifiers, and gesturing. This course is open to ages 12 and up. This class will be taught in basic ASL and written English as necessary.

\$ Free

📖📱 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.

American Sign Language (ASL) 1.1 – Cedar City

Tuesdays through April 4

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City



This class covers basic vocabulary at a fairly slow pace and is open to ages 12 and up. The class uses the *Signing Naturally* course work and can be purchased through DawnSign Press. Students can purchase the books or just a subscription to the video links. This class will be taught in basic ASL and written English as necessary.

\$ Free

📖📱 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.

ASL Basic Vocabulary – Cedar City

Wednesdays through April 5

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City

This class covers basic vocabulary at a fairly slow pace and is open to ages 12 and up. It uses handouts, pictures, and interaction to teach basic vocabulary used to prepare students for the ASL 1.1 class. This class will be taught in basic ASL and written English as necessary.

\$ Free

📖📱 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.

American Sign Language (ASL) 1.2 – Cedar City

Thursdays through April 6

5:30 p.m. – 7:00 p.m.

Location: Cedar City Library, 303 N. 100 E., Cedar City

This class demonstrates basic ASL grammatical rules such as facial expressions, body language, body shifting, listing, different categories of classifiers, and gesturing. This course is open to ages 12 and up. This class will be taught in basic ASL and written English as necessary.

\$ Free

📖📱 Registration is now closed. Contact Erin Kelly for information on future classes at 435.215.4029 or ekelly@utah.gov.

Seniors 45+

The 45+ Senior Program is designed to reduce isolation and promote independence to enhance the quality of life for deaf and hard of hearing individuals.

Table Games & Potluck

Wednesday, April 12, 2017

(Held every month on the 2nd Wednesday)

11:00 a.m. – 2:00 p.m.

Adults ages 45 and up are invited to play table games such as Uno, Bunco, and Yahtzee, and to take part in a potluck. This event is held every month on the second Wednesday. No children please. If you want to host a future seniors 45+ event, contact Bonnie Christensen at 435-767-0130.

\$ Free

📱 None required



Living with Hearing Loss Program

Hearing Loss Support Group

Monday, April 24, 2017

(Last Monday of each month)

11:00 a.m. – 12:00 p.m.

This meeting is for anyone who is looking for a supportive, group environment to discuss experiences with hearing loss, tools, techniques, resources and more.

\$ Free

📱 Contact Bethany Moreland at 435-652-2453 or at bmoreland@utah.gov.



April 2017 Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 EIPA Workshop
2	3	4 ASL Class	5 ASL Class Sewing Class	6 ASL Class	7 Bowling Night	8 ASL Craft Social
9	10	11	12 Senior Games	13	14	15
16 Happy Easter!	17	18	19 Townhall with Congressman Chris Stewart	20	21	22
23	24 Hearing Loss Support Group	25	26	27	28	29 Super Saturday
30						

ROBERT G SANDERSON COMMUNITY CENTER OF THE DEAF AND
HARD OF HEARING • 5709 S. 1500 W. • TAYLORSVILLE, UT 84123-5217

SOUTHERN UTAH DEAF AND HARD OF HEARING PROGRAM
1067 E. TABERNACLE, SUITE 10, ST. GEORGE

This information, presentation, class or other activity is provided at the Division of Services for the Deaf and Hard of Hearing for interested individuals. The Division of Services for the Deaf and Hard of Hearing staff encourages participants and individuals to consider all options and experiences and does not endorse or recommend this specific information, presentation, activity or any individual class, product or service.

DSDHH is an agency of Utah State Office of Rehabilitation and the
Department and Workforce Services



Equal Opportunity Employer • The Division of Services for the Deaf and Hard of Hearing (DSDHH) is committed to providing access and reasonable accommodations in accordance with the Americans with Disabilities Act (ADA) in its services, programs, activities, education and employment for individuals with disabilities. For more information and to request accommodations, contact: 1-801-657-5200.

